# The Impact of COVID-19 Pandemic on Trends in Home Health Physical Therapy

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# Objectives

By the end of the presentation, attendees will ...

- Recognize the general trends of home health usage during the pandemic
- 2. Understand the trends of discharge to home health during the pandemic
- 3. Recognize the changes in home health expenditure during the pandemic

# Introduction

 In March of 2020, the World Health Organization declared COVID-19 a pandemic.<sup>1,2</sup>

 Hospital admissions began to decline due to cancelation of elective procedures and patient deferral of health services.<sup>1,2</sup>

- An emphasis was placed on home care discharge following acute care because of...
  - the rise in COVID-

# Purpose

The purpose of this literature review was to identify the impact of the COVID-19 pandemic on trends in home health physical therapy in adults.

### Methods

#### Search Engines:

CINAHL, PubMed, ProQuest, and Wiley

#### Search Limits:

 Peer-reviewed articles, English, human subjects, and published between 2019-2022

#### Methods

Search Terms:

(COVID OR "COVID-19 Pandemic")

AND

("Physical Therapy" OR PT)

AND

("Home Health" OR "Home-Based" OR "Home-Based Rehabilitation")

AND

(Treatment OR Intervention OR Utilization)

AND

Trend

### Methods

#### Search Criteria:

- Adults (18+)
- Trends in home health during the COVID-19 pandemic

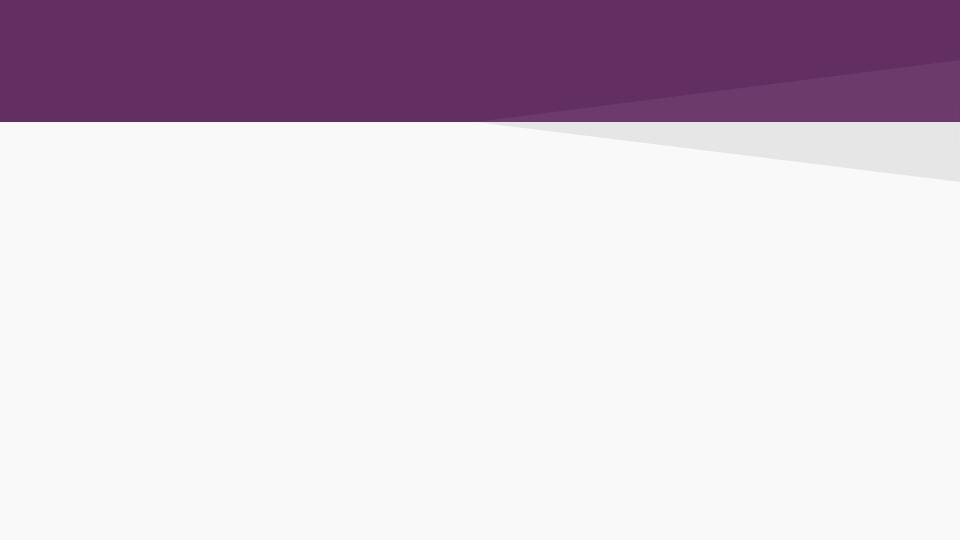


- Total monthly spending for home health declined by 41%.<sup>1</sup>
  - \$28 million/month (2019) to \$16.5 million/month (Oct. 2020)

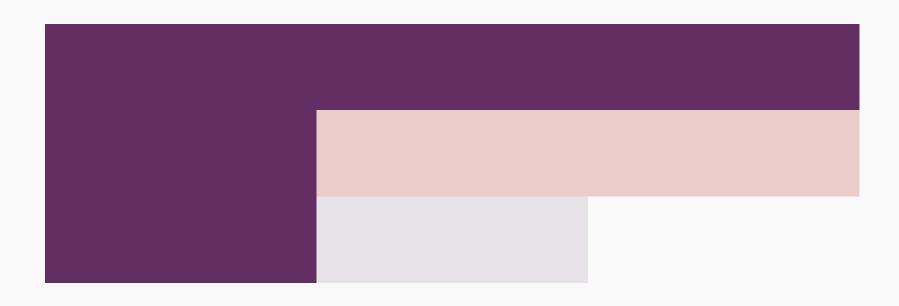
# Key Findings

	March '20	April '20	May '20
Admissions <sup>2</sup>	-10.2%	-37.8%	
Discharges <sup>2</sup>	+4.0%	-16.6%	-32.0%
PT Services <sup>2</sup>	-11.9%	-40.2%	

Ontario, Canada publicly funded home care



# Key Findings



# Key Findings

Pre-Pandemic Time	April 2020

# Conclusion

There is limited research available relevant to the impact of the COVID-19 pandemic on trends in home health physical therapy in adults. Further research is indicated.

#### Limitations

- Inadequate long-term patient follow-up
- Limited amount of pandemic-based home health research
- Specificity of data location<sup>2</sup>
- Use of data for adults 65 years+ only<sup>1</sup>

### Future Research

- Patient health outcomes following home health care
- Effects of service changes on unpaid caregivers
- Services placed on hold during the pandemic
- Timely access of home health therapy
- Physical therapist workforce during the pandemic

# Clinical Relevance

The shifts in home health services during the COVID-19

# Acknowledgements

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# Questions?